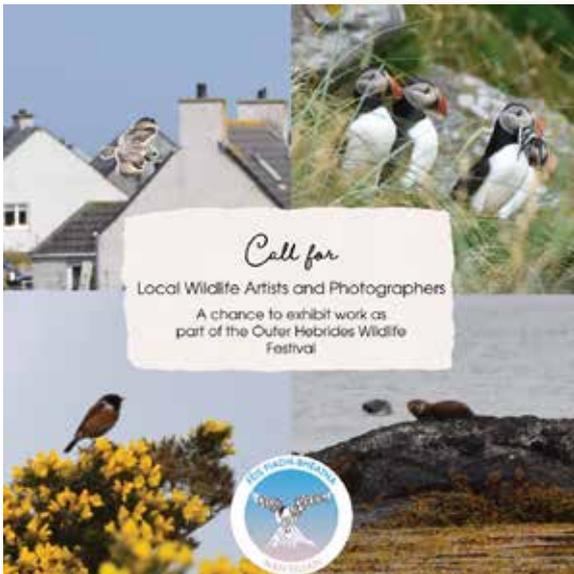


BERNERA NEWS

By the community, for the community 
in association with

OUTER HEBRIDES WILDLIFE FESTIVAL



Call for Artwork

The Outer Hebrides Wildlife Festival is offering local artists and photographers the opportunity to exhibit artwork that includes the local wildlife of the islands. There will be two exhibition spaces, one at An Lanntair, Stornoway, Isle of Lewis from 20 June to 28 July with installation on 19 June and then Taigh Chearsabhagh, Lochmaddy, North Uist from 17 June to 12 August with installation on 16 June.

We are looking for artworks no larger than an A3 size and can be of any medium but must feature local island wildlife and be ready to hang. All artists wishing to exhibit should contact shona.maclellan@rspb.org.uk

HOME IMPROVEMENT MATERIALS FREE TO AVOID WASTE

After finishing our Home Improvement projects we have some materials left over. We would love them to go to someone who could use them on a future project to avoid waste.

We have:

- Lots of back boxes and plugs and switches.
- Kitchen mixer taps and odd bits of plastic plumbing, bends etc.
- Fuel Cells and screws for a gun.
- Electric cables two different weights. Febmix for cement softening.
- Fire cement and copper roofing nails.

Please contact **Sallie on sallietyszko@gmail.com**



KIRKIBOST COMMON GRAZINGS

APPOINTMENT OF COMMITTEE

A public meeting for the above common grazings will be held for the purpose of appointing a new grazings committee.

VENUE: Bernera Community Centre

DATE: Monday 5th June

TIME: 7PM

PENNY'S PLANTINGS



So here has come the Sun, long may it last, but it has come with a bitterly cold north wind, Brrr! But have you noticed the lack of rainfall? We have had cold dry springs before and they have in the past gone on for months. Though for now, it is drying out sodden vegetable beds, it is not good in the long run. I must say I can do without the Hail of last week.

It's still too cold for me to plant out as yet. Alan has put me in some rails on our lazy beds, so if I lose my balance I won't fall in the ditches. However, if the wind stops a bit I shall try and get some seeds in my raised bed in my front garden, like carrots and beetroot.

But I long to get my brassicas out. and even a few late potatoes. Most of you gardeners will have your earlies in and possibly sprouting up by now. I could do these I think next week. As I get older I find the cold wind stops me from doing things early in the season. Everything is out in leaf more

or less except the big trees like Sycamore and Ash.

The hardy Fuchsias we cut right back are sprouting new growth from the ground. I was sad to cut back these two bushes because the hum of bees in them in late summer was lovely to hear, but like Gorse and Escolonia, they need control. So they had to be cut back. They were taking over some parts of my garden. I eventually got my Buddleia cut back before the end of April and was glad to get it done. Now I need to cut back two of my enormous Phormiums, or what some people would call New Zealand Flax. They too are taking over..

My pond seems to be depleted of fish, this I think would be due to Mr Heron being seen around the croft several times this winter. So I'm going to give it a year I think as a totally wild pond and see if I can attract newts, as fish eat newt eggs and young. Fingers crossed as I would rather have newts than fish in my pond any day.

I am still cutting last year's Kale and Winter Broccoli and it is delicious. Though I have to watch it as it will go to seed if I'm not careful. So what advice can I give you this month, not a lot I don't think, as you are all probably planting out annuls in tubs and hanging baskets, already now they are in the shops and once gone they are gone. I know I missed buying some Chard plants this way. Annoying, but there you are, I might have to send away for some.



All I can say is be careful as we can get frost right into June, I just hope we don't. A lot of my more tender plants already show windburn on the leaves so I'm highly reluctant to plant out as yet. I might just content myself with sowing some seeds.



Penny Spinks
Hacklete





GREAT BERNERA

– Community Development Trust –

MAY UPDATE

BERNERA & TIR MOR NEW HOUSEHOLD WASTE COLLECTION DATES.

The revised household waste bin collection dates will soon be coming into effect and it's worth noting them on your calendar as the different bins will have different collection dates.

- The mixed recycling (blue bin) and the organic food and garden waste bin will be collected every three weeks on the following dates: 12th June, 3rd and 24th July, 14th August, 4th and 25th September and 16th October.
- The glass bottles and jars (green bin) will be collected every nine weeks on the 9th June, 11th August and 13th October.
- The non recyclable waste (black bin) will be collected every three weeks on the 30th May, 20th June, 11th July, 1st and 22nd August, 12th September, and 3rd and 24th October.

Happy recycling!

SOUP STOP SEASON COMES TO A CLOSE

The 4th May was the last Soup Stop of the Season and what better way to go out than with three soup options – two delicious vegetable ones from Ruth Halden and Careen, and Dolina's infamous creamy seafood soup with locally caught lobster, crab, mussels and fish. What a treat!

It was a joy to see everyone coming together each week to enjoy home made soup, bread and a blether. It was also a great opportunity for some to meet and greet new faces in our community (and thanks to Katie for bringing their young and beautiful Lauren along). With up to twenty eight people coming weekly, the team of volunteers were certainly kept on their toes and so a big thanks is due to all of them. To soup makers Careen MacLennan, Dolina MacLeod, Maria George, Ruth Halden, Joan Mackay and Dolly MacKenzie. Our bread maker, Lesley Anne Evans who provided lovely fresh baked bread each week; and to all the others kitchen helpers including Ruth & Joan, Chris Taylor, Kathanna Latimir, Katie Booth, Nat Higginbottom, Anna MacDonald, John Glenesk and Jenny Wilson – thank you all so much.

As part of the Soup Stop, the required Basic Level 1 Food Hygiene training was offered by the Bernera Trust and five people obtained their certificates. Looking ahead to later this year, we have further funding in place from DTAS and TSI to provide this service again from late autumn through the winter of 23/24.

We hope you'll join us again then.

Joanna

VOLUNTEERS FOR COST OF LIVING AND SOCIAL INCLUSION PROJECTS.

We are looking to pool together a team of volunteers from within the community to help with some upcoming projects. If you're interested in helping out with either of these projects, then please get in touch and we can chat about upcoming and existing projects, and ways in which you can help out. Please contact **Jo George on 07771534048 / email: jo@greatbernera.org** for more info.

GUNNERA

As part of the Trust's ongoing work with Community Land Outer Hebrides we are taking part in a Gunnera Survey to see what the scale of the problem is on Lewis. It would be useful for us to be able to map the problem on Bernera so we can report back. If you have any gunnera in your immediate area, contact **Nat on nat@greatbernera.org** and he will add it to the map.

CRIOMAG NEO DHÀ BHON TURAS MU DHEIREADH AGAM



Nuair a bha mi air co-dhùnadh gun deidhinn gu tir-mor airson seachdainn, bha mi a' smaoinneachadh gum biodh e furasta an sgeulachd ùr a sgrìobhadh, oir bha plana agam cò mu dheidhinn a sgrìobhas mi.

Bha mi an dùil a dhol gu cuirm-chiùil bheag ann am Peairt far am biodh an Coisir Corrib Naol à Eirinn a'seinn is a'duich. Ach gu mi-fhortanach cha do thachair sin a-riamh!

Agus carson? Gun teagamh sam bith tha fios aig a h-uile duine mun trioblaid a bh'againn leis am bàta-aiseig o chionn ghoirid. Mar sin chaill mi dà latha de na saor-laithean agam agus chaill mi a'chuirm-chiùil cuideachd.

Chan eil e gu diofar a bhith a'gearan a-nis oir ràinig mi mo cheann-uidhe mu dheireadh thall ged a bha mi nas fadalaiche na bha dùil agam ris.

Cha robh tide gu lèor ann airson cuid de na rudan a bha mi an dòchas a dheanamh, ach bha deagh àm agam a'coinneachadh ri caraidean agus bha a'bhuidheann còmhraidh Ghàidhlig ann fhad 's a bha mise ann.

Aon latha chaidh sinn gu Dùn Dèagh agus thainig sinn air ais air an rathad dùthchail, a'draibheadh seachad air "Ecclesiamagirdle", taigh-tuir beag.

Chaidh e a thogail ann an seachdamh linn deug riu taobh lochain agus anns an fhearann coillteach tha tobhta caibeil le carragh-chuimhne de dà Chùmnantach.

Bha e dùinte mar sin cha b'urrainn dhuinn tadhal air , ach uaireanan faodaidh an sluagh a dhol a-steach.

Air an t-slighe chubbaic sinn achadh làn easagan is tri geàrran am measg. Abair iongantais!

Air an latha deireannach chaidh mi dhan taigh-tasgaidh oir bha taisbeanadh de luchd-ealain Albannach ann.

Tha CLach Naomh Madoes ri fhaicinn cuideachd, obair àlainn de na Cruithnich.

Bha an Cuan Sgith cho ciùin agus bha a'ghrian a'dearrsadh nuair a thill mi air a'bhàta-aiseig. Bha e math a bhith dhachaidh a-rithist gu h-àraidh mar a chuala mi a'chuthag a'chiad turas am bliadhna beagan laithean às dèidh sin.



Linne NicLeòid
Dun Innes



NEW MAT FOR THE BOWLS CLUB



During April the Bernera Indoor Bowls club took delivery of a new 45ft short mat for use during club sessions in the Bernera Community Centre. We last got a new mat in 2019 with help from Tesco Bags of Help and it has been such a preferred mat with the members that we decided to buy a second mat of the same make and style with funds that we have built up over the last few years.

Our oldest mat and some old bowls from our stock are now being donated to Stornoway Phab Club where the people with and without disabilities will be able to make use of these for their own enjoyment.

The bowls club is open to anyone who wishes to play or even just try out indoor bowls and all are welcome, what ever age as it is not just for the oldies, and we can provide bowls for you. While we do take the game seriously the social aspect is very important to us as people come along and chat and make new friends over bowls and of course during the tea and biscuit break in the middle.

We only ask that you bring some clean flat indoor shoes to wear while playing so as not to damage the mats. And we charge £2 session to cover hall hire, refreshments and new club equipment as needed.

We play on a Tuesday and Thursday between 1.45 and 4pm in the main hall of the Community Centre. If you would like more information come along to one of our sessions or contact **Colin Halliday on 61489 or Irene Sutherland on 612269.**

So please come along and have some fun and meet old and new friends as well as getting some gentle exercise.



Colin Halliday
Kirkibost

TWO WITH THE SAME NAME QUIZ

1. A lawn plant and a snake.
2. To make a reservation and to read one.
3. A TV company and the area above.
4. An on line market place and a mighty river.
5. A form of medicine and a Scottish sweetie.
6. A head covering and an American bonnet.
7. A chocolate bar and a red planet.
8. Slang for an illegal drug and a cooking utensil.
9. To moan about something and a game bird.
10. Makes up the earths surface and a seaside sweet.
11. Part of a clock and part of the head.
12. Found in your ear and made by bees.
13. British underwear and American trousers.
14. A racing animal and a rocking toy.
15. Atmospheric movement and a bodily function.
16. An explosive device and a where to extract minerals.
17. To go on a journey and to fall over something.
18. Use to get higher or to stand on something.
19. Used with an arrow or to tie a ribbon into one.
20. A place to get washed or a short time of rain.
21. Footwear and a high street chemist.
22. A controversial 1960's musical and grows on the head.
23. A mineral and used to remove creases.
24. A page in a book or part of a plant.
25. Carries radio and on the surface of water.
26. An Archangel and to take the.
27. A river cruise company and a Northman.
28. A unit of currency and a place for stray dogs.
29. A famous film person and found in the heavens.
30. A police station and small notch.

Colin Halliday
Kirkibost



OBSTACLES

We all no doubt remember running across an obstacle course in school. A specially prepared layout that was designed to test our stamina, ingenuity, and perseverance.

Yet, obstacles are part of our daily lives. Obstacles to wealth. To health. To personal, and at times, communal cohesion. And the list goes on.

Helpfully, the story is told of a Mexican artist who lost his right hand while working on a statue. Did this put off? Most certainly, not. He did not give up his work. No longer able to carve with his right hand he learned to carve with his left hand. Interestingly, he named his completed masterpiece, 'In Spite Of.'

The potential to achieve great work was within the artist. The obstacle of handicap did not stop that God-given creativity and purpose from being revealed. The obstacle, like a rock in the path of a salmon, became a source of strength. Instead, of weakness, to the artist.

For some in life, great obstacles block their path. Such as Thomas Edison who was deaf. Abraham Lincoln who was born of illiterate parents. Lord Byron who had a club foot. Robert Louis Stevenson who had tuberculosis. And Julius Caesar was a person with epilepsy. Yet, they all made their mark in human history.



"Malgré Tout" or "in spite of everything" by Jesús F Contreras, 1898

Paul, in his own day, experienced a constant challenge with his eyesight. Yet, by God's help he said, that 'I can do all things through Christ who strengthens me'. Enabling him to be the person God wanted him to be. As trusting in God's promised grace, he scaled across all the obstacles in life. May that be our experience as well.

Rev Hugh Maurice Stewart
Uig & Bernera



BERNERA BAKES... SODA BREAD

Ingredients:

- 250g** Plain flour
- 250g** Plain whole-meal flour
- 1 tsp** salt
- 1 tsp** bicarbonate of soda
- 400ml** butter milk

Method:

1. Sift all dry ingredients.
2. Add buttermilk to form a dough.
3. Place dough on a baking tray.
4. Bake for 30 mins at 200°C.



Caren MacLennan
Kirkibost

